

Supporting you, your learning and your practice

Attending a Local Learning Event hosted by your RCN branch is a great way to enhance your professional knowledge and skills in bite-size chunks of learning.

The events are an opportunity to:

- Learn about and discuss prominent topics in nursing and health care
- Network with fellow nurses, health care assistants and nursing students in your area
- Support NMC revalidation or your learning portfolio with a certificate of attendance

Where shown, some events are immediately followed by a short reflective practice session which also helps you to meet revalidation requirements.

The events are free to RCN members and are also open to non-members at a cost of £25, but if they apply to join the RCN at the event there is no charge for attending.

So if you have colleagues who aren't RCN members, why not invite them along?



Local Learning Events  
West Midlands

# Local Learning Events

RCNi

RCNi Learning is an interactive, online learning resource designed to enhance your skills and help you meet personal CPD requirements for revalidation. It consists of 150 RCN accredited learning modules covering 43 topics. There's also an app that lets you learn on the go, even without access to the internet. For further information, please visit [rcnlearning.com](http://rcnlearning.com)

January – June 2017



"As an HCA you can learn so much to improve your practice at an LLE. It's also fantastic to meet other HCAs and RCN activists to discuss issues that are important to our professional group."

Phil White, HCA, RCN UK Health Practitioner Committee

Supported by



South Birmingham	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	14 Feb	NMC revalidation and you Branch meeting	Paul Vaughan, Regional Director, RCN West Midlands	2pm	Birmingham Women's Hospital, Mindelsohn Way, Birmingham, B15 2TG
	5 Apr	End-of-life care: a nurse's perspective Reflective practice session	Ester Riley, Palliative Care Nurse, St Mary's Hospice, Birmingham	2pm	Lecture Theatre, Barberry Centre, 25 Vincent Drive, Birmingham, B15 2FB
	8 Jun	The importance of hydration Branch meeting	Amanda Steane, Patient Champion, Hydration	1pm	Lecture Theatre, Moseley Hall Hospital, Alcester Road, Birmingham, B13 8JL
South Staffordshire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	8 Feb	Domestic abuse Branch meeting	Mandie Burston, Staff Nurse, University Hospitals of North Midlands NHS Trust	2pm	Learning Centre, St George's Hospital, Corporation Street, Stafford, ST16 3SR
	17 Apr	New generation: advances in the care of frail older patients Reflective practice session	Julie Thompson, Senior Nurse for Older People, Burton Hospitals NHS Foundation Trust	2pm	Seminar Room, Samuel Johnson Community Hospital, Trent Valley Road, Lichfield, WS13 6EF
	14 Jun	Dignity in mental health Branch meeting	Jas Kaur, Dignity and Respect Lead, South Staffordshire and Shropshire Healthcare NHS Foundation Trust	2pm	Carol Ann Duffy Conference Room, Entrust, The Riverway Centre, Riverway, Stafford, ST16 3TH
Shropshire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	9 Feb	The perils and pitfalls of social media Duty of Candour Branch meeting	Tim Baggs, RCN Regional Communications Manager Felicity Crockford, RCN Legal Officer	1.30pm - 4.30pm	Lecture Theatre, Education Centre, Princess Royal Hospital, Telford, TF1 6TF
	6 Apr	Dementia: welcome to the brain tour Living with dementia Reflective practice session	Philip Hall, Dementia Care Specialist, Heart of England NHS Foundation Trust Karen Breese, Clinical Dementia Nurse Specialist, Shrewsbury and Telford Hospital NHS Trust	1.30pm - 4.30pm	Lecture Theatre, Education Centre, Princess Royal Hospital, Telford, TF1 6TF
	8 Jun	Coroner's Court: what the nurse needs to know NMC documentation and fitness to practice Branch meeting	Soraya Mashadi, Legal Team, Shrewsbury and Telford Hospital NHS Trust Pam Sandhu, RCN Legal Officer	1.30pm - 4.30pm	Conference Centre, RJA Orthopaedic Hospital, Oswestry, Shropshire, SY10 7AG
Coventry & Warwickshire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	15 Feb	Dementia overview Branch meeting	Sue Lillyman, Senior Lecturer, Institute of Health and Society, University of Worcester	2pm	Novotel, Wilsons Lane, Longford, Coventry, CV6 6HL
	24 Apr	Reflective practice and portfolio development	Sheila McSharry, Practice Development Nurse, South Warwickshire NHS Foundation Trust	2pm	Novotel, Wilsons Lane, Longford, Coventry, CV6 6HL
	16 Jun	Nursing a patient with mental health needs - a holistic approach Branch meeting	Becky Hoskins, Forensic Mental Health Nurse and RCN Mental Health Forum Committee Member	2pm	Novotel, Wilsons Lane, Longford, Coventry, CV6 6HL
Worcestershire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	13 Feb	Alcohol and drug abuse Branch meeting	Mark Vardy and Emma Davies, Alcohol Liaison Nurses, Worcestershire Acute Hospitals NHS Trust	1.30pm	Education Centre, Alexandra Hospital, Woodrow Drive, Redditch, B98 7UB
	3 Apr	Nurses caring for their own mental health Reflective practice session	Julie Jones, Practice Nurse, Mental Health	1.30pm	Compton A & B, CHEC, Worcestershire Royal Hospital, Charles Hastings Way, Worcester, WR5 1DD
	12 Jun	Pause for thought: reflection to improve nursing practice Branch meeting	Ruth Burey, RCN Learning & Development Facilitator	1.30pm	Education Centre, Kidderminster Hospital and Treatment Centre, Bewdley Road, Kidderminster, DY11 6RJ

# BOOK YOUR PLACE - EMAIL US NOW

at [westmidlands.region@rcn.org.uk](mailto:westmidlands.region@rcn.org.uk) or call us on 0121 450 4300

## Want to be active in the RCN?

As an RCN member, did you know you can be one of our accredited representatives or help lead your RCN branch?

Our representatives receive time off from their regular work without losing any pay to support and represent fellow RCN members in their workplace.

And our branch officers help organise the RCN's activities in your area. They are a vital link between the College and our grass roots members.

Each of the roles offers you an opportunity to develop yourself and your career. To find out more, talk to one of the branch officers at a Local Learning Event or call RCN Direct on 0345 772 6100.

## Stay in touch

Find out more about Local Learning Events and other RCN events by visiting:

[www.rcn.org.uk/westmidlands](http://www.rcn.org.uk/westmidlands)

To make sure you receive an email reminder of each event in your area a few weeks before it takes place, check that your membership details and email preferences are up to date by visiting:

[www.rcn.org.uk/myrcn](http://www.rcn.org.uk/myrcn)

Birmingham East, North & Solihull	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	18 Jan	Nurses caring for their own mental health Reflective practice session	Julie Jones, Practice Nurse, Mental Health	2pm	Ardenleigh Unit Training Block, 385 Kingsbury Road, Erdington, B24 9SA
	16 Mar	The perils and pitfalls of social media Branch meeting	Tim Baggs, RCN Regional Communications Manager	2pm	ExtraCare Charitable Trust, New Oscott Village, Fosseway Drive, Birmingham, B23 5LD
	3 May	NMC revalidation and you Reflective practice session	David Kirwan, RCN Senior Officer	2pm	Ardenleigh Unit Training Block, 385 Kingsbury Road, Erdington, B24 9SA

Birmingham West & Sandwell	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	24 Jan	Domestic violence: how you can help, how we can help Reflective practice session	Vanessa Chapman, Centre Manager, Birmingham Crisis Centre	2pm	D18, City Hospital, Dudley Road, Birmingham, West Midlands, B18 7QH
	7 Mar	Accountability, delegation and documentation: your legal responsibilities Branch meeting	Felicity Crockford, RCN Legal Officer	2pm	D18, City Hospital, Dudley Road, Birmingham, West Midlands, B18 7QH
	10 May	The big 3 of honesty: Duty of Candour, Freedom to speak up, Whistleblowing Reflective practice session	Paul Vaughan, Regional Director, RCN West Midlands	2pm	D18, City Hospital, Dudley Road, Birmingham, West Midlands, B18 7QH

North Staffordshire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	12 Jan	Public Health: what the nurse needs to know Reflective practice session	Professor Rod Thomson, Director of Public Health (Shropshire), RCN Deputy President	1.30pm	Board Room, St Augustine's Hospital, Cobridge Road, Stoke-on-Trent, ST1 5JY
	9 Mar	Encouraging and facilitating the service user's engagement Branch meeting	Mike Dixon, Chairman, Community Health Voice	1.30pm	Board Room, St Augustine's Hospital, Cobridge Road, Stoke-on-Trent, ST1 5JY
	11 May	Early intervention service (Mental Health) Sleep disorder Reflective practice session	Chris Fieldhouse, Early Intervention Nurse Consultant, North Staffordshire Combined Healthcare NHS Trust Dr Jonathan Mayo, Consultant Psychiatrist, Derbyshire Healthcare NHS Foundation Trust	1.30pm	Board Room, St Augustine's Hospital, Cobridge Road, Stoke-on-Trent, ST1 5JY

Herefordshire	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	24 Jan	NMC revalidation update Reflective practice session	Debbie Smithers, Teacher/Practitioner, St Michael's Hospice, Hereford	2pm	Education Centre, St Michael's Hospice, Bartestree, Hereford, HR1 4HA
	20 Mar	How to manage delirium Branch meeting	Dr Nuala Bywater, Consultant Anaesthetist, Wye Valley NHS Trust	2pm	Education Centre, The County Hospital, Stonebow Road, Hereford, HR1 2BN
	25 May	Clinical incidents Reflective practice session	Darren Thorne, Associate Director of Governance, Wye Valley NHS Trust	2pm	Education Centre, The County Hospital, Stonebow Road, Hereford, HR1 2BN

Black Country	DATE	EVENT TITLE	SPEAKER	TIME	VENUE
	23 Jan	COMPETENCE: 6Cs in Practice - NMC revalidation and you Reflective practice session	Ruth Burey, RCN Learning & Development Facilitator	2pm	Room 7, Clinical Education Centre, Russells Hall Hospital, Pensnett Road, Dudley, DY1 2HQ
	20 Mar	COMPASSION: 6Cs in Practice - How Dementia Friends improve patient experience Branch meeting	Stuart Young, Registered Nurse and Alzheimer's Society Dementia Champion	2pm	Room 7, Clinical Education Centre, Russells Hall Hospital, Pensnett Road, Dudley, DY1 2HQ
	11 May	CARING: 6Cs in Practice - Student nurses caring for and about patients and celebrating the nursing profession on Nurses Day	Alison Geeson, Senior Lecturer, Mental Health Nursing, University of Wolverhampton	1pm - 4pm	Faculty of Education, Health and Wellbeing, University of Wolverhampton, City Campus South, Wolverhampton, WV1 1LY

## NMC revalidation

Local Learning Events can count towards your CPD and revalidation.

Revalidation is a process established by the Nursing and Midwifery Council that all registered nurses and midwives have to complete every three years to renew their registration.

The requirements of revalidation include a minimum of 450 hours practice and 35 hours CPD over three years, at least five pieces of practice-related feedback and at least five written reflections on feedback, CPD or the NMC Code.

*“Local Learning Events are a fantastic way to support nurses to meet the new NMC revalidation standards.”*

*Paul Vaughan,  
Regional Director,  
RCN West Midlands*



[www.rcn.org.uk/insurance](http://www.rcn.org.uk/insurance)

Thank you to LV for their support